



# Pesto Tuna Pasta

Florida Seafood at Your Fingertips **LIVE!**

**Difficulty:** Simple

**Total time:** 15 minutes

**Serves:** 4

## *Ingredients:*

---

- 1 can** tuna of your choice
- 8 oz** spaghetti noodles
- 2 tbsp** canned pesto, *more or less to taste*
- 1 tbsp** capers (found in jar in condiment section), optional
- 1 oz** parmesan cheese, shredded or grated, optional
- fresh or frozen** broccoli florettes, *optional*
- pinch** black pepper, *to taste*

## *Instructions:*

---

- 1.** Boil water for pasta
- 2.** Cook noodles according to directions on box
- 3.** If including broccoli, add broccoli to the last 5 minutes of boiling pasta
- 4.** Drain water from pasta (and broccoli)
- 5.** Stir pesto into noodles immediately (prevents noodles sticking together)
- 6.** Open can of tuna, drain water
- 7.** Stir can of tuna into pasta
- 8.** Add capers as desired
- 9.** Serve into 4 bowls and top with Parmesean

 @floridaseagrant

 @floridaseagrant

 Florida Sea Grant

 Florida Sea Grant

